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Brent Carers Centre is recruiting volunteers to support and befriend carers living in the borough of Brent who have taken caring responsibilities for an older relative with dementia, sick or disabled relatives.

We need volunteers who are caring, supportive and love to make a positive difference to improve someone's life.

## VOLUNTEERS NEEDED FOR THE FOLLOWING SUPPORTS:



**\* LISTENING EAR/EMOTIONAL SUPPORT ?  
(WEEKLY SUPPORT VIA TELEPHONE/HOME  
VISITS)**

**\* PRACTICAL SUPPORT WITH  
SHOPPING/PRESCRIPTION  
COLLECTIONS/POSTING**

**\* DIGITAL SUPPORT**

**\* INFORMATION, SIGNPOSTING AND  
REFERRALS TO OTHER SERVICES**



**TRAINING WILL BE PROVIDED  
AND ALL EXPENSES WILL BE  
COVERED.**



**\*PPE WILL ALSO BE PROVIDED\***



**FOR MORE DETAILS ON HOW YOU CAN SUPPORT, CONTACT US TODAY.**